

Office of Substance Abuse  
Prevention Services

# How to get connected . . . and stay connected.

November, 2004

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## Office of Substance Abuse Prevention Contacts and Resources

### Information & Resource Center

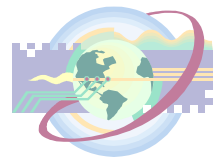
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TTY: 1-800-215-7604

Fax: (207) 287-8910

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### Acronyms

- ♦ ATOD - Alcohol, Tobacco, and Other Drugs
- ♦ C4C&Y- Communities for Children & Youth
- ♦ CAPT - Center for the Application of Technology
- ♦ CMCA - Communities Mobilizing for Change on Alcohol
- ♦ CSAP - Center for Substance Abuse Prevention
- ♦ DHHS - Department of Health and Human Services
- ♦ HMP - Healthy Maine Partnerships
- ♦ HEAPP—Higher Education Alcohol Prevention Partnerships
- ♦ MAPP - Maine Association of Prevention Programs
- ♦ MYSP - Maine Youth Suicide Prevention Program
- ♦ OJJDP - Office of Juvenile Justice and Delinquency Prevention
- ♦ PDFA—Partnership for a Drug-Free America
- ♦ PDFME - Partnership for a Drug-Free Maine
- ♦ PTM - Partnership for a Tobacco-Free Maine
- ♦ SDFSCA - Safe & Drug Free Schools and Communities Act
- ♦ U.S. DOE - US Department of Education

## Prevention Team

[www.maineosa.org/prevention](http://www.maineosa.org/prevention)

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### SDFSCA

[www.mainesdfscsca.org](http://www.mainesdfscsca.org)

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### One ME

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### Geoff Miller

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## OSA Prevention Programs

### One ME (State Incentive Program)

In 2001, Maine was awarded \$3 million per year for three years from CSAP. The goal of this project is to coordinate substance abuse prevention funding, and develop a comprehensive science-based prevention system for the state targeting youth ages 12-17. Eighty-five percent of the money has been awarded to 23 community coalitions who are working to reduce binge drinking and tobacco use.

**Contact:** Meredith Fossel or Lee Anne Dodge  
<http://www.oneme.org>

### Safe & Drug Free Schools and Communities Act (SDFSCA)

The purpose of the Safe and Drug Free Schools and Communities Act (SDFSCA) is to prevent violence in and around schools and to strengthen programs that prevent the illegal use of ATOD. This act makes federal assistance available to states, local educational agencies, public and private nonprofit organizations, and institutions of higher education for selected programs, services, and activities. The SDFSCA Incidence of Prohibited Behavior data collection system enhances the state's capacity to gather data on ATOD prevention programs and on prohibited behavior among youth in Maine's local school systems.

**Contact:** Linda Phillips or Peter Brough  
<http://www.mainesdfscsca.org>

### Partnership for a Drug-Free Maine (PDFME)

The Partnership for a Drug-Free Maine, an alliance between the Maine Office of Substance Abuse and the Part-

nership for a Drug-Free America (PDFA), was established in Spring 2003. PDFA is a national organization whose sole purpose is to work with the media to prevent substance abuse. PDFME distributes localized ads to media outlets twice a year.

**Contact:** Allyson Cox  
<http://www.maineosa.org/prevention/pdfme>

### Underage Drinking Grants

Maine has received an annual block grant from the U.S. OJJDP since 1998 and has competed successfully for an additional discretionary grant three times. The overall goal of these programs is to reduce underage and high-risk drinking by decreasing youth access to alcohol, increasing the effectiveness of enforcement, and changing community norms that enable underage drinking. Current projects include:

- Maine Youth Voices
- Project Sticker Shock
- The Higher Education Alcohol Prevention Partnership—9 campus-community coalitions and statewide initiative. (Funded in part by a U.S. DOE High Risk Drinking Grant.)
- The Rural Enforcement Partnership Project—5 grants to Sheriff's offices.
- Statewide Compliance Checks (Program is on hold as of June 2003—planned for restart in 2005.)
- Support and resources for Maine law enforcement agencies working to improve the effectiveness of underage drinking enforcement.

**Contact:** Becca Matusovich  
<http://www.maineosa.org/prevention/current.htm>

## Other Maine Coalitions & Initiatives

### Communities for Children & Youth (C4C&Y)

Communities for Children & Youth is a statewide initiative of the Maine Children's Cabinet designed to create a partnership between state government and local communities as they work to promote positive child and youth development. The goals of the initiative are to measurably improve the well-being of children in every Maine community, and to increase the educational attainment and achievement levels of all Maine children. Since 1997, 71 communities have joined the network, representing more than 325 municipalities and 70% of the state's population.

**Contact:** Susan Savell (207) 287-4377  
<http://www.maine.gov/cfc/>

### Coordinated School Health Program

Maine Departments of Health and Human Services and Education

The main purpose of the Coordinated School Health Program is to introduce the eight components of Coordinated School Health - health education, physical education, health services, nutrition, school climate, health promotion, physical environment and community involvement - to school personnel, parents and students, especially within the state of Maine. They also serve as a resource for information and networking for those involved or interested in school health issues.

**Contact:** Jacqueline Ellis, Director (207) 287-3856  
[jaki.ellis@maine.gov](mailto:jaki.ellis@maine.gov)  
<http://www.maineeshp.com>

### **Community Health Promotion Program**

Bureau of Health, Community and Family Health, DHHS This program supports more than 20 collaborative Healthy Community Coalitions along with other initiatives working in Maine to improve local community health and quality of life. The Maine Network of Healthy Communities is a state level network of these coalitions. Resources are available to get started.

Contact: Chris Lyman (207) 287-2901

### **Maine Association of Prevention Programs (MAPP)**

The Maine Association of Prevention Programs is a grassroots organization representing over 900 agencies and individuals in Maine. MAPP is the prevention organization that concentrates on public policy and public education.

**Contact:** Megan Rice (207) 621-8118

<http://www.masap.org/site/prevention.asp>

### **Maine Youth Suicide Prevention Program (MYSPP)**

Bureau of Health, Division of Community and Family Health, DHHS

The MYSPP is implementing a comprehensive plan as a collaborative initiative of the Children's Cabinet, representing Commissioners and senior staff from the Departments of DHHS; Education; Corrections; and Public Safety. Goals are to reduce the incidence of suicidal behavior among Maine youths aged 10 to 24, and to improve youth access to appropriate prevention and intervention services.

**Contact:** Cheryl DiCara (207) 287-5356 or 1-800-698-3624. TTY: (207) 287-8015

<http://www.maine.gov/suicide/>

### **Partnership for a Tobacco-Free Maine (PTM)**

Maine Bureau of Health, DHHS

The goal of the PTM is to reduce death and disability due to tobacco use among Maine citizens. The mission of the PTM is to create an environment in Maine that is supportive of a tobacco-free life.

PTM was originally developed as a result of the tobacco excise tax legislation passed in 1997. The Maine Cardiovascular Health Program and the Community Health Promotion Program in the Bureau of Health are partnering with PTM to develop, implement and evaluate selected programs funded by the tobacco settlement. Healthy Maine Partnerships was established to link these three programs for coordination and collaboration of the various related program activities.

**Contact:** MaryBeth Welton, Program Manager

(207) 287-4627, FAX (207) 287-4636

Information Line 1-877-PTM4YOU

(1-877-786-4968)

<http://www.tobaccofreemaine.org/>

### **Healthy Maine Partnerships (HMP)**

Bureau of Health, Community and Family Health, DHHS

An initiative that facilitates the coordination and collaboration of the three Bureau of Health programs responsible for program activities funded by the tobacco settlement and others closely related. Supports and coordinates the work of the 31 funded local Healthy Maine Partnerships.

**Contact:** Andy Finch (207) 287-3886

<http://www.maine.gov/dhs/boh/hmp/>

## **Additional URL's**

### **CSAP's Model Programs**

<http://modelprograms.samhsa.gov>

### **CSAP's Northeast Center for the Application of Prevention Technologies (CAPT)**

<http://www.northeastcapt.org>

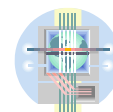
CSAP's Northeast CAPT's mission is to support the application of science-based substance abuse prevention programs and strategies at the local, state and regional levels.

### **Maine Guide to Using the Internet for Substance Abuse Prevention**

<http://www.maineosa.org/pubs/prev/1999/webguide/webguide.htm>

### **Maine Parents Net**

<http://www.maineoparents.net>



# Connect on-line ...With Listservs & Newsletters



## Prevention List

The Prevention Listserv sponsored by OSA is designed to share information including funding opportunities, seek resources from colleagues and share ideas.

To Subscribe: email Prevention-request@lists.state.me.us  
Place in the body of the message ONLY the words:  
Subscribe 'your email address'

**Contact:** Geoff Miller

## Policy Group List

This list is for discussions across community coalitions who are implementing CMCA, and MAPP's alcohol policy workgroup to work together across communities to affect alcohol-related policies and enforcement.

To Subscribe: email  
Policygroup-request@lists.state.me.us Place in the body of the message ONLY the words:  
Subscribe 'your email address'

**Contact:** Becca Matusovich

## Reconnecting Youth List

For people implementing the Reconnecting Youth program in Maine.

To Subscribe: email rym-request@lists.state.me.us  
Place in the body of the message ONLY the words:  
Subscribe 'your email address'

**Contact:** Linda Williams

## HEAPP List

Higher Education Alcohol Prevention Partnership

To Subscribe: email Heapp-request@lists.state.me.us  
Place in the body of the message ONLY the words:  
Subscribe 'your email address'

**Contact:** Becca Matusovich

## Parent Newsletter

The Parents Network Newsletter is authored and edited by two concerned parent volunteers who welcome input from other parents. This newsletter is emailed to parents who express an interest in becoming more involved or in just receiving more information about issues affecting their teens. Its purpose is for like-minded parents to share information, inspiration, ideas and concerns to keep our kids alcohol- and drug-free as pre-teens, teenagers and into college. This newsletter is available to any parent or other concerned individual who is interested in receiving it. We will also gladly forward a copy to interested organizations. Please contact Allyson Cox at [allyson.cox@maine.gov](mailto:allyson.cox@maine.gov) to be added to the mailing list.

## JoinTogether Online

Get daily and/or weekly national news and alerts about substance abuse and gun violence. The Funding News service can help non-profit organizations working with these issues to raise money.

Sign on at: <http://www.jointogether.org/about/web/jtodirect/>



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PREVENTION SERVICES

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## Prevention Team Vision

A Public Untouched by Substance Abuse

## Prevention Team Mission

To prevent and reduce substance abuse and related problems by providing leadership, education, and support to communities and institutions throughout Maine.

The Maine Office of Substance Abuse is the single state administrative authority responsible for the planning, development, implementation, coordination, regulation, and evaluation of substance abuse services.

The Office provides leadership in substance abuse prevention, intervention, and treatment. Its goal is to enhance the health and safety of Maine citizens through reducing the overall impact of substance use, abuse, and dependency.